

Online Learning Tips

Studying

itudying Tips Improve your focus by seperating your workspace from other responsibilities.

WRITE DAILY GOALS

A list of to-dos will keep you on task.
Reward yourself when you meet your goals to stay motivated.

ACTIVELY PARTICIPATE

Engage in learning by taking initiative to learn the material (take notes, ask questios, etc)





TAKE SCHEDULED BREAKS

Study in chunks and take 5-15 minute breaks to refresh yourself.

AVOID THESE TIME KILLING ACTIVITIES

- Checking social media and email frequently
- Cluttered workspace
- Getting too comfortable
- Multi-tasking
- Working where friends can distract you

KEEP A PLANNER

Track your schedule with a planner to manage your day, your classes, and your social and study time.





PLAN FOR SUPRISES

Give yourself more time to complete tasks than needed just in case.

TAKE ONLINE CLASSES SERIOUSLY

Even though you don't "go" to an online class, treat it as though you were.
Online classes take just as much time as face-to-face ones do.

Time Managment



Samford Resources

Ask For Help

Online Students have questions and conerns too. Don't wait to find help. Not sure where to go? Use the links to the right or the ASC's academic assistance form for help.

- CRC
- <u>Library</u>
- <u>Technology Services</u>
- <u>Disability Resources</u>
- <u>Academics Success Center</u>
- <u>Care Team</u>