

The Pulse

Message from the Dean: The Golden Thread

*“Caring is the **shining thread of gold** that holds together the tapestry of life.” Mrs. Ida V. Moffett*

Mrs. Moffett once said, “What is enthusiasm but compassionate caring?” I am reminded of those words of wisdom as I reflect on some of our recent activities and look forward to the month ahead.

April has been filled with examples of the extraordinary enthusiasm of Ida V. Moffett School of Nursing students, faculty and alumni. Under the visionary leadership of two faculty members, the School of Nursing embarked on a revolutionary project—the community disaster simulation. As you will see in this issue, the simulation provided an opportunity for not only learning by our students, administration and community partners, but an opportunity for our faculty and students to demonstrate their preparedness and commitment to caring for others. It took great courage for those involved to think outside the box and embrace the unexpected. The end result was far greater than we could have imagined and I am proud to say that we are already exploring future community simulations.

Our alumni continue to be a constant reminder of compassionate caring. With the dedication of the Dr. and Mrs. Lonnie W. Funderburg Operating Room in the simulation center, I couldn’t help but remember Dr. Funderburg’s commitment to preparing nurse anesthetists to provide the best possible patient care. He touched the lives of many students and his legacy continues to make a difference in the lives of the patients they compassionately care for each day. He and Mrs. Funderburg inspired others to care and we are pleased that thanks to the generosity of our alumni, Dr. and Mrs. Funderburg’s names will forever be attached to the school.

Finally, with graduation just weeks away, the enthusiasm of our students is contagious. As many anxiously look forward to their first jobs as registered nurses, we are all reminded of our first days in our profession and the reasons why we chose our particular paths. It is my hope that as you look ahead to May, you will embrace Mrs. Moffett’s enthusiasm for caring for others. Regardless of whether you are a student, alumnus or friend of the school, may we all be encouraged to compassionately care for those around us.

Sincerely,
Nena F. Sanders, DSN, RN
 Ralph W. Beeson Dean and Professor



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Simulation Prepares Students to Respond to Disaster

Ida V. Moffett School of Nursing simulated a community incident April 3 to help prepare future nurses to respond in the event of a campus or community emergency. In partnership with Homewood Police and Fire, the Alabama EMA and the Birmingham Regional Emergency Management System (BREMS) the university created a situation involving multiple injuries and casualties.

Nursing students played the roles of victims as well as first responders. By responding to the emergency, senior nursing students fulfilled the objective of community triaging. Community agencies interacted with students as they would in an actual emergency and provided an opportunity for essential interdisciplinary education.



The exercise "went better than I could have hoped," said **Dr. Cindy Berry**, associate professor of nursing. "Our students learned more about themselves in this exercise and how they could and should respond in these situations."

Wayne Pittman, Samford's director of public safety and emergency management, echoed Berry's assessment. "It was a good training exercise for our senior nursing students to be able to respond in a simulated emergency situation. Things flow more smoothly in a crisis if you have been through this type of training, and our students, hopefully, will be better prepared."

"Nurses are often called upon to respond in a time of crisis, and it is our hope that this drill helped our students be more adequately prepared to respond quickly and effectively in emergency situations," said **Jill Pence**, assistant professor of nursing and coordinator of undergraduate simulation. "By collaborating with community agencies, our students are able to learn to successfully interact with their colleagues in the field," she added.

In addition to meeting the objectives of the nursing school, the drill allowed the university to assess its emergency response plans and working relationships with other agencies, Pittman said. Samford's public safety, operations and media relations offices were all involved in the drill. Representatives from the various agencies and other third parties were on hand to evaluate the students' and university's response to the situation. University and School of Nursing leaders have met with agency partners to discuss the response and next steps.

"We build on these relationships every day," Pittman said. "When we have to respond in emergency situations, we have to call on other agencies to help us. If we don't have those relationships established before the emergency, we may not get the help that we need."

Senior nursing major **Erin Gettel** was a "victim" in the simulation but said she learned things she would need to do as a responder. "Because I was 'unresponsive,' they thought I wasn't a priority. I was still breathing. As nurses, we need to be more aware of our patients' needs and get them the help that they need as quickly as possible."

Berry and Pence were the lead developers of the simulation. "It is essential that our students and the University be prepared for situations such as the one simulated today," said Berry. "We are grateful to the various community agencies for helping us better equip our students and the university to respond to critical community incidents."

To see more photos from the Disaster Drill visit the [gallery on Flickr](#)

Accolades, Honors, and Acknowledgments—Alumni and Students

Ashley Bonner, BSN 2009, was selected as the Quality Improvement Analyst for the Pediatric Cardiac Intensive Care Unit (PCICU) at Monroe Carell Jr. Children's Hospital at Vanderbilt.

Tammy Castle, MSNc 2012, published "Ossification of the Posterior Longitudinal Ligament" in the spring 2012 issue of the *International Student Journal of Nurse Anesthesia*.

Renee Daniels, DNP 2011, was selected for the Mississippi Educational Consortium for the Doctorate of Nursing Practice DNP Wall of Fame. She is recognized for her work relating to Nurses Mastery and Use of Cognitive Behavior Therapy Techniques to Influence a Therapeutic Milieu.

Lori Lioce, DNP 2010, presented "Breaking the mold: Large class simulation in a day" at CAE Healthcare's International Conference: Human Patient Simulation Network 2012 in Tampa, Florida.

Lori Lioce, DNP 2010, was selected to serve on the International Nursing Association for Clinical Simulation and Learning (INACSL) Standards Committee. She will be chairing the subcommittee to develop guidelines for implementation of INACSL Standard III: Participant Objectives.

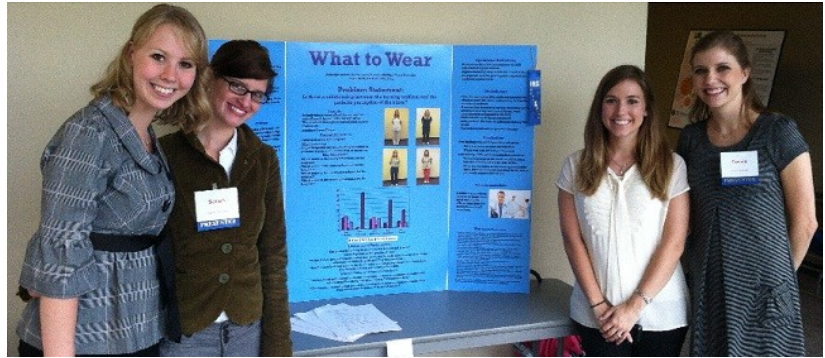
Rebecca Newton, DNPc 2012, was selected for the Mississippi Educational Consortium for the Doctorate of Nursing Practice DNP Wall of Fame. She is recognized for her research practice regarding Transition to Practice Programs: An Evidence-Based Strategy to Improve Retention of New Graduate Nurses.

Karen Taylor, DNP 2011, was selected for the Mississippi Educational Consortium for the Doctorate of Nursing Practice DNP Wall of Fame. She is recognized for her project regarding Creating a Success Program for Nursing Students to improve the progression of nursing students admitted as juniors into the second trimester nursing courses.

Ashleigh Brooks, Corrie Gossett, Alicia Phillips and Sarah Rutledge, BSN students, received first place—Most Creative for their presentation, "What to Wear" at the annual FACES conference in Montgomery.



Tammy Castle



Ashleigh Brooks, Sarah Rutledge, Alicia Phillips, and Corrie Gossett

Join the Office of Women's Health for the Annual Mother-Daughter Walk

Office of Women's Health Fourth Annual 5K Run and
1 Mile Mother Daughter Walk
"On the Move to Improve Women's Health"
Saturday, May 19, at 8:00 a.m.

Health screenings will be provided by St. Vincent's Health System

Benefits: Women's Health initiatives in local Alabama communities & Girls on the Run Inc.

Sponsored by: The Office of Women's Health Steering Committee, St. Vincent's Health System and the City of Homewood

Location: Homewood High School 1901 South Lakeshore Drive, Homewood, Alabama, 35209

Distance: 5K Course and 1 Mile Walk

Registration: Register by mail (entries should be postmarked by Friday, May 11, 2012), or [online](#) until midday May 17, 2012. Race Day registration located at Homewood High School at 7:00 a.m. until 8:00 a.m.

Entry fees: Runners Walkers

\$15 until day of registration \$5 for one or for family (1 free T-shirt per family); \$20 race day

(Ages 5 and under Free)

Awards: Overall Female and Male 5K finisher award, along with 1st and 2nd place Male and Female in each age division. Each participant will receive official race paraphernalia.

Shirts: To guarantee a T-shirt on race day, you must submit your application by May 11, 2012.

Post-Race Party: Healthy refreshments will be provided after the race.

If weather is unseasonably warm or cold, use the customary racing precautions with which you should be familiar; take advantage of the water along the course. Stop running/walking and seek help if you stop sweating and feel nauseous or dizzy. If you see a fellow runner/walker who appears to be in trouble, please stop and help.

Alumni Attend Events in Birmingham and Destin

MOFFETT NURSE NETWORK

The Moffett Nurse Network hosted a Painting Party in Birmingham on Tuesday, April 24. Alumni and friends gathered for pizza and painting. Participants painted the Healing Angel. It was wonderful to see familiar faces and meet new connections. We're already looking forward to future Birmingham events in the fall.

If you are interested in hosting a Moffett Nurse Network event in your city, please contact Katie Stripling at kstripli@samford.edu.



Nurse Anesthesia Reception



Alumni, students, faculty and friends of the Nurse Anesthesia department gathered for a reception on April 27 at the Hilton Sandestin. While in town for the ALANA spring meeting, guests enjoyed delicious food and wonderful fellowship.

Faculty and students collected items for a silent auction that benefitted the Nurse Anesthesia Student Travel Fund, the fund that assists students with attending national, state and local conferences. Click [here](#) to support the fund.

Operating Room Named for Dr. and Mrs. Funderburg

The space that provides critical training for nurse anesthesia students is now officially the Dr. and Mrs. Lonnie W. Funderburg Operating Room.

The room was dedicated Tuesday, April 17, to celebrate the legacy of the longtime Birmingham anesthesiologist and his wife, Mary. Dr. Funderburg, who died in 2009, laid the foundation for the nursing school's nurse anesthesia program, and "Mrs. Mary was confident and encouraging" in the early years of the effort, said nursing dean Dr. Nena Sanders.

The newly-dedicated simulation suite that offers students a state-of-the-art learning environment is largely the result of efforts of Birmingham Baptist Hospital Nurse Anesthesia alumni and others who provided funding.



Kerry Gossett, a 1982 nurse anesthesia graduate who led the fundraising effort, credited the work of many persons to name the teaching space.

"Dr. Funderburg was all about having no wasted motion," noted Gossett, a Certified Registered Nurse Anesthetist. "This space is very efficient, and is about the quality of students it turns out."

"He was uncompromising in the preparation of students to give the best care that would ensure safety," he said of Funderburg, who spent 32 years as director of anesthesia at Birmingham Baptist Hospitals.

Samford president Dr. Andrew Westmoreland noted that the enhanced operating room underscores a "very proud tradition of nursing care and nurse education at Samford." The nursing school is celebrating the 90th year of its founding during 2012.

After the dedication ceremony, nurse anesthesia students **Heather Kent** and **Katie Ricciardone** used the high fidelity simulator and other technology in the operating room to show visitors how the human body reacts when drugs are introduced and how students can engage in clinical situations for learning experiences.

According to nurse anesthesia professor **Dr. Terri Cahoon**, the authentic anesthesia equipment in the Funderburg Operating Room and the human patient simulators provide a realistic, yet safe environment for students to practice the clinical application of information they learn in the classroom.

"The accurate physiologic response from the simulator enhances the hands-on learning experience," said Cahoon. The equipment is exactly like what is found in a real operating room.

The sophisticated technology in the operating room requires frequent updates and maintenance, notes Sanders. "This gift will provide the needed resources for the school to maintain the simulation equipment and to prepare our graduates to practice as excellent clinicians," said Sanders.

Nominate Outstanding Alumni for the Living Legacy Awards

Join us as we honor those whose "local touch, has a global reach."

The Living Legacy Awards will honor distinguished alumni who have made a significant impact on humanity. If you would like to nominate a Birmingham Baptist Hospital or Ida V. Moffett School of Nursing alumnus for this award, please submit his/her name, class year and an description of how he/she has made a difference in the lives of others as well as a photo of the nominee. Please limit submissions to 250 words. Additional information may be requested once nominations are received. Award recipients will be honored at an elegant Gala on October 13. Nominations may be sent to Katie Stripling at kstripli@samford.edu.

**If you would like to help with the 90th anniversary plans, please contact
Katie Stripling at 205-726-2265 or kstripli@samford.edu.**

“Caring is the shining thread of gold that holds together the tapestry of life.” Mrs. Ida V. Moffett

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Dates To Remember

May 11: Advisory Board Meeting

May 17: Sigma Theta Tau Inductions

May 18: Pinning and Commencement

IVMSON is now on Flickr! Keep an eye on our site for photos of the latest events happening within the school!

Do you keep in touch with your classmates? Would your class like to have a special reunion during the 90th Anniversary weekend? If so, we need YOU!!

Class agents will play an integral role in the success of the 90th Anniversary. They will serve as a liaison between IVMSON and their classmates to encourage participation and provide essential feedback to help ensure that the weekend’s activities meet the needs of their respective classes.

Each class year needs at least one class agent. Please contact **Katie Stripling** if you would be willing to serve in this important capacity.

Have you seen our new look?
Visit the newly redesigned IVMSON website at www.samford.edu/nursing

Interested in supporting a particular fund or program at IVMSON? Click [here](#) for a list of ongoing IVMSON needs as well as links to make a gift online.

Thank you for your consideration!

Share Your News!

If you have any student, faculty, or alumni awards, presentations, conferences, scholarships, photographs or any other announcements, etc. that you would like posted in the next edition of *The Pulse*, please send them to kstripli@samford.edu or call 205-726-2265

SPECIAL THANKS

...to all who participated in providing information for this newsletter.

NEWSLETTER EDITOR

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