



CUMBERLAND
SCHOOL OF LAW
SAMFORD UNIVERSITY

Residence Life Mediation Program

Helping college students resolve their conflicts through a process that encourages problem solving, cooperation and communication.

Are you and a fellow classmate dealing with any or all of the following conflicts:

Tension, Frustration, a Misunderstanding or Lack of Communication?

Is it affecting other areas in your life, such as your studies and relationships?



Samford University, in cooperation with Cumberland School of Law's Community Mediation Center, offers *100% confidential mediation services* to all Samford students **FREE of CHARGE**. The Residence Life Mediation Program's main goal is to help you truly handle your situation in a manner that will allow you to move forward.

What is mediation?

Mediation is a method of *dispute resolution* in which a trained facilitator acts as a *neutral third party* to assist those experiencing conflicts of any kind. In mediation, parties can talk through their problems, clear the air, and work towards a common understanding and agreement.

Let us help you resolve your conflict, contact us today:

Cumberland Community Mediation Center & Public Interest Project • Samford University's Cumberland School of Law • Robinson Hall 213 • contact 205-726-4342 • email CCMC@samford.edu

WWW.CUMBERLAND.SAMFORD.EDU/RLMP

Heal Relationships • Resolve Conflict • Think Positive • Voice Your Opinion • Compromise • Move Forward • Take Responsibility • Show Respect • Talk It Out • Listen • Leave The Past Behind • Grow • Be Proactive

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