

COUNSELING & WELLNESS

WELLNESS AMBASSADOR PROGRAM

Application: Part I

Fall 2021-Spring 2022 *Delayed an academic year due to COVID-19

Deadline: July 10th, 2021

BASIC INFORMATION

*= Required

*First Name: _____ Middle Initial: _____ *Last Name: _____

*SUid: _____ *Program of Study: _____

*Academic Classification (Fall 2020): (Sophomore, Junior, Senior) _____

*Cumulative GPA _____ *Email Address: _____

*Phone: _____

*Completed Wellness Cadre? Yes / No
If yes, when? _____

RELEVANT PREVIOUS EXPERIENCE

*For this section, please include any experiences relevant to mental health and wellness engagement. The experiences can include academic, volunteer, or work experiences.

Example: Volunteer mentor/tutor k-5th, Southtown Housing (2018-2019)
PSYC 101, Introduction to Psychology (Fall 2019), Refugee housing & resettlement work (Summer 2019)

2020-2021 ACADEMIC YEAR COMMITMENTS

*The Wellness Ambassador Program requires the ability to commit 5 hours/week.

Class Schedule for Fall 2021:

Work, Leadership & Involvement Commitments for Fall 2021:

COUNSELING & WELLNESS

WELLNESS AMBASSADOR PROGRAM

Application: Part II

What interests you about this position?

What are specific skills or strengths you bring to this role? (i.e. graphic design, social media)

Describe a time in the past when you demonstrated leadership.

Describe yourself in 5 words.

What is your strategy for managing stress?

What would you like to learn through this experience?

* Please submit the name of one Samford faculty or staff member to serve as a reference:
