

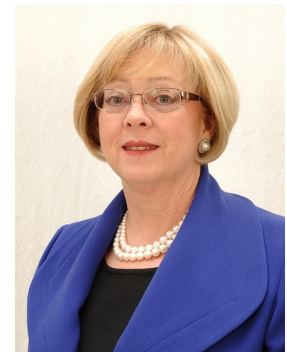
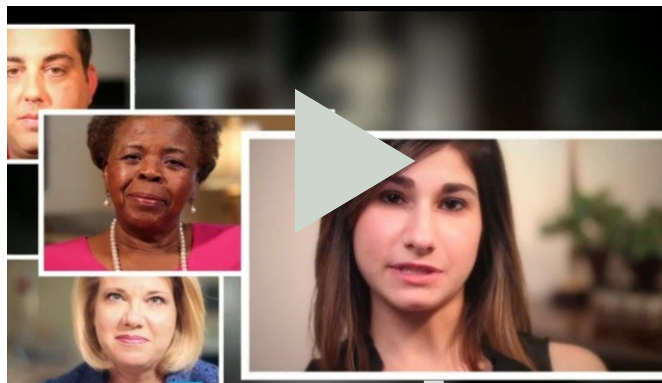
The Pulse

Message from the Dean: The Golden Thread

*"Caring is the **shining thread of gold** that holds together the tapestry of life." Mrs. Ida V. Moffett*

With 2012 coming to a close, I cannot help but reflect on the events of the past year at the Ida V. Moffett School of Nursing (IVMSON). As we look back on the past twelve months, on behalf of the faculty, staff and students I would like to thank the numerous alumni, friends and community partners who supported our efforts to celebrate our rich 90-year history while continuing to move the school forward in the ever-changing healthcare environment.

Throughout the past year we have had the opportunity to truly reflect on what it means to be a Moffett Nurse. It is more clear now than ever that Mrs. Moffett's legacy is still very much alive in our school and her vision for excellence in nursing is alive in the hearts and minds of alumni across the globe. If you haven't had the opportunity to view our [90th Anniversary video](#), I encourage you to do so.



The events of the past year would not have been possible without you! Not only were we able to celebrate our special anniversary, but we were able to offer scholarships to more than 100 nursing students and we made significant investments in our programs, technology and facilities.

As we move into the New Year, we are immensely grateful for your gifts of time, talent, prayer and resources—you are essential to our success and we hope that you will continue to support our students and programs in the years ahead. We look forward to staying connected with you—thank you for being partners in our efforts to provide an exceptional nursing education in a Christian environment.

Best wishes for a Merry Christmas and Happy New Year!

Nena F. Sanders, DSN, RN
Ralph W. Beeson Dean and Professor

In This Issue:

- Class of December 2012
- 2012 by the Numbers
- Rumpshaker 5K
- Moffett Nurse Network
- Dr. Alexander Retires
- Continuing Education Opportunities
- 2013 Parish Nursing Course
- Sigma Theta Tau Inductions

Follow Us Online!

To stay up to date on IVMSON news between issues of *The Pulse*, be sure to follow us on our social media sites!



Congratulations Class of December 2012

On Saturday, December 15 80 nursing students earned degrees from the Ida V. Moffett School of Nursing. Forty-four individuals earned their bachelor’s of science in nursing degree; 35 earned their master’s of science in nursing degree and one earned the doctor of nursing practice degree.

The weekend of activities began with undergraduate pinning on Friday, December 14, followed by MSN Hooding and commencement on Saturday. John Lundeen, assistant professor and elected speaker for the pinning ceremony, provided graduates with words of inspiration encouraging them to never be afraid to ask for help and to remember that they are never alone in nursing. He shared his favorite quote, “No one cares how much you know until they know how much you care,” which is a true reflection of Moffett Nursing. Congratulations to the class of December 2012!

Be on the lookout for some of these outstanding graduates at the facilities listed below.

- Allie Ashurst TBICU, UAB Hospital
- Claire Bertolotti PICU, Children’s of Alabama
- Irene Cantu Labor and Delivery, UAB Hospital
- Micah Counts UAB Hospital
- Glenna Dodson ER, Princeton Baptist Medical Center
- Mona Dossani ER, Princeton Baptist Medical Center
- Erin Gettel ER, UAB Hospital
- Stephanie Haas CICU, Princeton Baptist Medical Center
- Rachael Holst Germantown Le Bonheur Methodist Hospital, Memphis
- Taylor Jordan TBICU, UAB Hospital
- Allie Morgan Hematology/Oncology, UAB Hospital
- Kelly Polo U.S. Air Force, San Antonio Military Medical Center
- Rachel Stark ER, UAB Hospital
- Virginia Taylor Total Skin and Beauty Dermatology
- Chris Walker ER, UAB Hospital
- Kaitlin Watts Internship Program, UAB Hospital



Two Graduates Earn Parish Nursing Pins

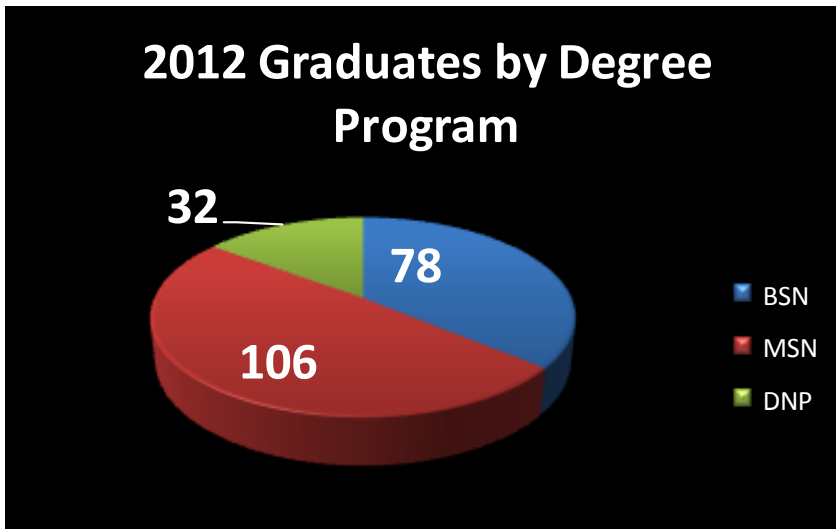


While students in the Accelerated Second Degree BSN program, **Christopher Carlson** and **Christopher Walker** elected to attend the Basic Preparation for Parish Nursing Course, a 34-contact hour continuing nursing education course. The course prepares nurses for a health-promotion, risk-reduction, disease-prevention role in a congregational setting and focuses on care of the whole person, holding the spiritual dimensions to be central to the practice.

In a prayerful ceremony following the December 14, 2012 Baccalaureate Pinning Ceremony at Dawson Memorial Baptist Church, Walker and Carlson received their full parish nurse pins in recognition of their completion of the course.

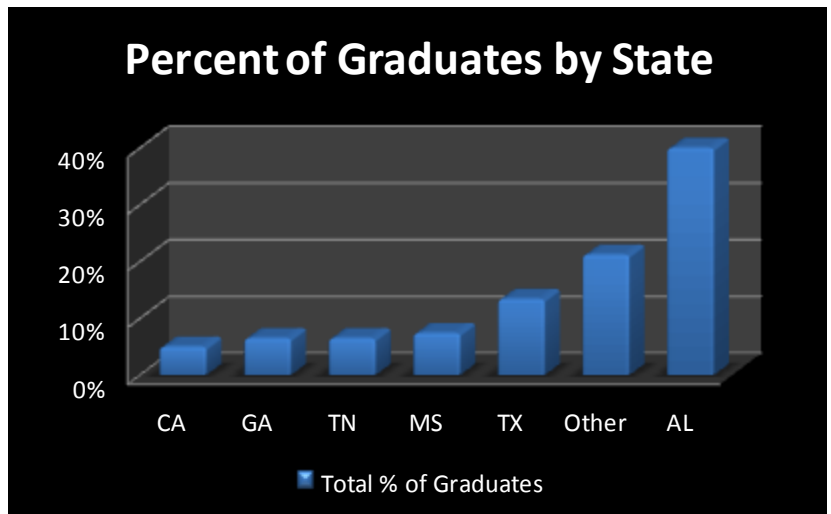
Dr. Nena Sanders, Dr. Gretchen McDaniel, Christopher Carlson, Christopher Walker and Debbie Duke.

2012 Graduates By the Numbers



Over the past twelve months, 216 students have graduated from the Ida V. Moffett School of Nursing—136 in May and 80 in December. Graduates represent a diverse group of individuals from across the country.

2012 graduates are from 28 states. Other states not listed here include, Illinois, Pennsylvania, South Carolina, North Carolina, New York, Colorado, Indiana, Ohio, New Mexico, Florida, Arkansas, Louisiana and more.



Join IVMSON for the Rumpshaker 5K!



It's an annual tradition—join IVMSON's team, "Your Worst Enema," for the Rumpshaker 5K on Saturday, March 30, 2013 at Sloss Furnace. Proceeds from the run benefit colon cancer awareness. A portion of the monies raised go directly to Birmingham GI clinics and labs, in addition to colon cancer research. If you register to run or walk you will receive a t-shirt from the race, but our team, "Your Worst Enema," will also have a special t-shirt that we will wear on the day of the race (details coming soon). Remember that you do not have to actually run; you can walk or join the kids in the one-mile fun run! All that matters is that you get out there and have fun, promote health, and raise awareness for this disease!

Register for the race [here](http://www.rumpshaker5k.com). Be sure to choose to join a team and select "Your Worst Enema" (you should not create a team - only join the existing one). Our team is open to anyone—faculty, staff, students, spouses, kids, friends and neighbors! Register today!

Learn more about the Rumpshaker 5K at www.rumpshaker5k.com.

The World is Better for Moffett Nurses

Moffett Nurses are different. Employers, colleagues and grateful patients are quick to report that Moffett Nurses truly care—they look for ways to comfort patients and their families. It is easy to take this for granted, but a recent story caused the faculty and the staff to truly take a moment to reflect on the blessing that Ida V. Moffett School of Nursing students and graduates are in the lives of their patients.

Over the past four months, a friend of one of the school's staff members had been seeking counsel as she navigated health care for her stepfather. Unfortunately, just a couple of weeks ago, the stepfather passed away in the ICU of a local hospital. When the staff member reached out and asked, "What can I do for you?" The friend only had one request—convey to IVMSON and Samford University how absolutely wonderfully considerate, compassionate, professional and fabulous one of its student nurses was while caring for her stepfather during his final days.

Just one hour after the death of her stepfather, the grieving daughter remembered the Moffett nurse who cared for not just for her stepfather, but also for the entire family. She said this student would be someone whom the family would never forget due to the superb care they all received. The student made a significant impact on this family.

Taylor Jordan, a member of the December 2012 graduating class, had the courage to care. The world is better because of Taylor and the thousands of Moffett Nurses who exhibit the **courage to care** through their professional practice.

Help us Plan an Alumni Event in Your City!

MOFFETT NURSE NETWORK

Plans are underway to take the Moffett Nurse Network back on the road in 2013! The Moffett Nurse Network is the school's effort to bring

alumni events to the cities where alumni live and work. We have had successful events across the southeast and look forward to expanding that list in the year ahead.

We need your help! Contact us if you are interested in helping coordinate an event in your area. In order to visit an area, there must be a local contact to help with some basic items such as selecting a venue and scheduling. Please consider helping facilitate an event in your area. Events have ranged from receptions, lunches and dinners to painting parties and more. Be creative and connect with other Moffett Nurses! This is a great way to network while staying connected to your alma mater.

If you are interested in helping coordinate an event in your area, please contact Katie Stripling at kstripli@samford.edu or (205) 726-2265.

IVMSON Remembers Mary Walker Funderburg



Mary Elizabeth Walker Funderburg, 93 went to be with the Lord October 10, 2012. A graduate of West End High School, she received her BS in English in 1942 from Howard College, now Samford University, where she also met her late husband of 67-years, Dr. Lonnie W. Funderburg.

Dr. and Mrs. Funderburg were loyal supporters and advocates for the Ida V. Moffett School of Nursing, particularly the nurse anesthesia program. The Operating Room in the Simulation Center was named for the couple in 2012 and Dr. and Mrs. Funderburg established the Funderburg Nurse Anesthesia Scholarship to provide essential funds for students in that program.

A memorial service for Mrs. Funderburg was held on November 11, 2012 at Mountain Brook Baptist Church. In lieu of flowers, the family asked that gifts may be made to the [Funderburg Nurse Anesthesia Scholarship](#).

If you would like to make a gift in memory of Mrs. Funderburg, please [click here](#) or call (205) 726-2265. The family will be notified of all gifts made in her honor.

Invest in the Future of Healthcare—Make a Year End Gift to IVMSON



Kelly Miles

You can make a difference—every dollar counts. Please consider making a year-end gift to support the Ida V. Moffett School of Nursing. Your gift can be in honor or memory of a special nurse or person in your life and can be designated to the fund of your choice. The opportunities to make a difference in lives of our students, the nurses of the future, are endless. We hope you'll consider a gift during this season of giving. Gifts may be made [online](#) or via U.S. Mail. For information on stock transfers, please call (205) 726-2265.

"I hope I have left at least a small mark on Samford, because it has definitely made an impact on me," —Kelly Miles, BSN class of

[CLICK HERE TO
MAKE A SECURE
ONLINE GIFT](#)

Dr. Janet Alexander Retires After 21 Years of Service



After 21 years of teaching at the Ida V. Moffett School of Nursing, Dr. Janet Alexander is retiring from Samford University to become Dean of Health Sciences at Georgia Highlands College in Rome, Ga. Dr Alexander will begin her new position on January 2, 2013.

Dr. Alexander came to Samford in 1991 having previously taught at UAB School of Nursing for eight years and in St. Vincent's diploma program for three years. She has taught in every degree program at IVMSON, from the ASN program to the DNP. Most recently Dr. Alexander coordinated the nurse educator MSN program. She also directed the accelerated second-degree program from 2009-2012.

Dr. Alexander was the recipient of Samford University's George Macon Memorial Award for Outstanding Teaching in 2003. "I have enjoyed teaching at IVMSON and am grateful for the outstanding students that I have had the opportunity to know and teach over the last 21 years," said Dr. Alexander.

Accolades, Honors, and Acknowledgments—Faculty and Staff

Dr. Gretchen McDaniel and **Mrs. Debbie Duke** presented Parish Nursing/Congregational Health Today to the Alacare Home Health and Hospice chaplains and social workers on December 10.

"Practice Implications for Preventing Population Vulnerability related to Vitamin D status" written by **Dr. Andrea Collins** has been chosen for publication as a continuing education article in the *Journal of the American Academy of Nurse Practitioners*.

Accolades, Honors, and Acknowledgments—Alumni and Students

Lori Lioce, DNP 2010, was recently inducted as a fellow into the American Nurses Association's Political Action Committee Leadership Society. The society inducts fellows who demonstrate extraordinary political talent and recognize the connection between policy, political participation, and professional leadership supporting these beliefs with service and action.

Caroline Smith and **Crystal Wade**, both senior students in the undergraduate program, were selected for Who's Who Among Students in American Colleges and Universities for 2012.

Continuing Education Opportunities: Choices That Will Change Your Life

“Choices That Will Change Your Life”

Did you know that your lifestyle choices will affect your present and future health?

Saturday, January 12
9 a.m. – 12 noon

Where: Dawson’s Chapel

Dawson Memorial Baptist Church
 1114 Oxmoor Road, Homewood, Alabama 35209

Join us for this **FREE** educational program and learn how diet, exercise and faith can lay the groundwork for your overall well-being.



Speaker: Dr. Richard Couey
 Professor Emeritus of Health Sciences, Baylor University
 In his 37 years in the health and fitness field he has authored 30 books and over 100 articles.
 He has worked in professional sports as a former Physical Fitness Consultant for the Texas Rangers, an Exercise Physiology Consultant for the U.S. Olympic Team, and played professionally for the Chicago Cubs.



Nurses will be awarded 3.3 contact hours at the completion of the entire program. No partial educational credit will be given. Please bring your nursing license for scanning. NurCE is an Alabama Board of Nursing approved provider of continuing nursing education. (Provider Number: ABNP0004, Valid through December 23, 2014)

Target Audience:

Anyone who would like to improve their health. It's just an added bonus that CEUs are offered. We encourage churches to spread the word in their congregation and bring a van load to this conference.

Conference Topics:

Inflammation – Do you or someone you know suffer from any of these inflammatory diseases: Arthritis, Allergies, Asthma, ADD, Lupus, Gout, Autism, Diabetes, Alzheimer’s, Cancer, and the list continues? Come and learn some exciting new research that may help.

Physical Fitness – Being physically fit plays an intrinsic part into developing the “total person”. If you are sick, overweight, or tired and listless, then you will benefit from this seminar.

Stress – Stress can cause psychological and physical harm which can also influence us spiritually. You will learn positive ways to cope with stress and learn how to use stress beneficially as you grow to maturity.

Search Google map for the church location. The Dawson campus map is below with the Chapel ★



This will be the fastest 3 hours you ever spend. You will both learn and be encouraged. Get ready for this conference to change your life. This is a great way to start the new year!

No Reservation is required. If you have any questions, call Debbie Moss at 205-871-7324 or email at dmoss@dawsonchurch.org

What Are Health Ministries? What Every Congregation Needs to Know!

What Are Health Ministries? Join us to Find Out!

Saturday, January 12 from 9:00 a.m. to 2:00 p.m. at Huntsville’s First Baptist Church
 600 Governors Dr., Huntsville, Alabama

Presented by

Rev. Stacy C. Smith, Manager, Faith Community Outreach, Church Health Center
 (Memphis-based International Parish Nurse Resource Center)

and

Mrs. Debbie Duke, Coordinator of the Congregational Health Program, Samford University

If you have ever wondered ...What are health ministries? What do they include? How do they look and work? What is their connection to healing and wholeness?How can a congregation start, strengthen and integrate them?

The renowned Church Health Center will speak to these out of successful strategies that have something for everyone. Building on their vast experience and best practices, all of which “seek to reclaim a spiritually-rooted commitment to care for our bodies and our spirits as they provide healthcare for the working uninsured and promote healthy bodies and spirits for all.”

Cost is \$15 per person. This includes continental breakfast, lunch, packet of resources, exposure to world-class and regional excellence, and opportunities to network with area congregational leaders in health ministries. Congregations can send their teams of unlimited numbers for an investment of \$75. CEUs will be available for nurses. To secure details on either of these matters and to register contact Eugenia Graves, Parish Nurse Coordinator with Huntsville’s First Baptist Church at fcn@fbchsv.org or 256-682-6271. Page 6

Register to Attend the 2013 Parish Nursing Course

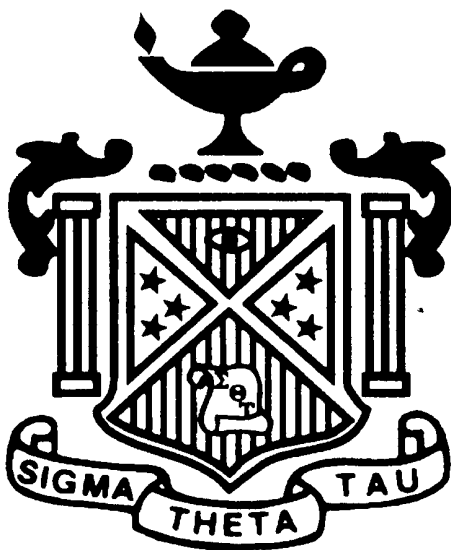
Foundations of Faith Community Nursing Curriculum 2013 Class
February 15-16, 2013 and March 8-10, 2013
Shocco Springs Conference Center
Talladega, Alabama
34 Contact Hours

Parish nursing, also known as Congregational Nursing or Faith Community Nursing, is a specialty practice of professional nursing and a professional model of health ministry that focuses on whole person health promotion and disease prevention from a faith perspective.

For more information, [view the brochure](#).

Gamma Eta Chapter of Sigma Theta Tau Inducts New Members

The Gamma Eta Chapter of Sigma Theta Tau International Honor Society of Nursing inducted 38 new members at their ceremony on December 13, 2012. *Denotes highest GPA.



Chapter Leader Installment

President-Elect — **Dr. Stephanie Wynn**
 Membership Ambassador — **Mrs. Kimberly French**

Congratulations to all of the new members! We look forward to your impact on the profession of nursing.

Learn more about Sigma Theta Tau [here](#).

Undergraduate	Graduate (Family Nurse Practitioner)
<i>Traditional</i>	Curtis Adams*
Allie Ashurst	Amy Basinger*
Micah Counts	Debra Carpenter
Taylor Koh	Christopher Cecil
Sallie Rhodes	Landon Collins
Lindsay Robinson*	Derek Du*
Amanda Simons	Sylvia Flores-Bugarin
Virginia Taylor	Mee-Ok Kim
Molly Tribble	Joey Laske
	Cristina Magana
<i>Accelerated</i>	Jack McDermott*
Stephanie Haas	Derek McMurray
William Harrison	Richard Ngo
Allie Hesse	Alicia Nossov
Rachael Holst	Dan Parker*
Darian Lyons	Vu Phan*
Rachel Stark*	David Pokorny*
	Shasta Skinner
Nurse Leader	Louis Spagnola
Julie Smith, MSN, RN	Gabriella Smart
	Dorrie Talmage*
	Shallon Vincent
	Vance Warden*

“Caring is the shining thread of gold that holds together the tapestry of life.” Mrs. Ida V. Moffett

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 www.samford.edu/nursing

Dates to Remember

December 24-January 1:
 University closed for
 Christmas Holidays

February 8: IVMSON
 Advisory Board Meeting

March 18-22: Spring
 Break

April 19: Awards Day

May 3: IVMSON
 Advisory Board

May 17: Pinning and
 Graduation

The Congregational Health Program Advisory Board held its annual meeting in December at Samford University. The Congregational Health Advisory Board assists in promoting, guiding, and advising the direction of the Congregational Health Program. Advisory Board members pictured left are **Tim Wolfe**, Samford University; **Eugenia Graves**, PN, FBC Huntsville; **Dr. Gary Yarbrough**, Chaplain, Shelby Baptist Medical Center; **Dr. Gretchen McDaniel**, Samford University; **Dr. Lou Thibedaux**, Deaconess Episcopal Church; **Lucy Willis**, PN, Trinity Medical Center; **Jewel McKay**, Community Liaison and Senior Housing Expert; **Dr. Cristy Daffron**, PN and Jefferson State Community College Educator, Pell City Campus; **Dr. Gary Fisher**, Corporate Director of Pastoral Services, Baptist Health System.



Merry
 Christmas!

Share Your News!

If you have any student, faculty, or alumni awards, presentations, conferences, scholarships, photographs or any other announcements, etc. that you would like posted in the next edition of *The Pulse*, please send them to kstripli@samford.edu or call 205-726-2265

SPECIAL THANKS

...to all who participated in providing information for this newsletter.

Remember to Follow Us!



NEWSLETTER EDITOR

Katie Stripling
kstripli@samford.edu
 205-726-2265

Interested in supporting a particular fund or program at IVMSON? Click [here](#) for a list of ongoing IVMSON needs as well as links to make a gift online.

Thank you for your consideration!

