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December 2013

# The Pulse

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## Message from the Dean: The Golden Thread

*"Caring is the shining thread of gold that holds together the tapestry of life." -Ida V. Moffett*



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Last Saturday, the Ida V. Moffett School of Nursing added nearly 70 graduates to our family of more than 5,000 Moffett Nurses. We continue to be proud of the outstanding nurses who graduate from our programs and embark on careers that change the lives of countless patients and their families. We are confident that these nurses will continue to perpetuate Mrs. Moffett's vision for compassionate care throughout their nursing careers.

You might have noticed that this publication has been on hiatus, but I am pleased to announce that we will begin publishing newsletters on a regular schedule again in 2014. Stay tuned for updates

As I read Mrs. Moffett's quote above, I am reminded of the real reason for the

Christmas Season. That is, God CARED so much for each of us that He sent His Son to earth to die for our sins so that we might be saved and have eternal life. I pray that you and your family take time to remember the Christmas story during this holiday season.

*"And she shall bring forth a son, and thou shalt call his name JESUS: for he shall save his people from their sins."*

*Matthew 1: 21*

As we reflect on the past year and look forward to 2014, we celebrate the many accomplishments of years past and are reminded of how God has blessed and continues to bless the Ida V. Moffett School of Nursing. I want to thank our students, faculty, staff, alumni and friends for continuing to support our mission. We could not do it without you!



During this holiday season, it is my hope that you will know just how much you are appreciated. Your gifts of your time, talents, resources and prayers are essential to our success and we are forever grateful for all that you do. We thank God for you every day and hope that you will continue to support our mission in the year ahead. Please stay in touch with us and never hesitate to let us know how we can best serve you.

May you have a Merry Christmas and Blessed New Year!

Sincerely,  
*Nena F. Sanders, DSN, RN*  
Ralph W. Beeson Dean and Professor

## In Her Words: Marie Yarbro, B.S.N. '13



In her Dec. 13 speech at the Pinning Ceremony, Yarbro shared these words.

Reflecting on our journey through nursing school, how far we have come, and how much we have learned, I think it's safe to say that we truly have learned how to think like a nurse, just as Mrs. Money challenged us in our first semester of nursing school. As we enter the real world of nursing, we will be faced with challenges we never experienced as student nurses. But we should be confident that our excellent education has given us the

critical thinking skills that we need to overcome those challenges. The real world of nursing will be difficult. But I cannot think of a more rewarding career.

1 John 4:9-12 says, "This is how God showed His love among us: He sent his one and only Son into the world that we might live through Him. This is love: not that we loved God, but that He loved us and sent His Son as an atoning sacrifice for our

sins. Dear friends, since God so loved us, we also ought to love one another."

The heart of nursing is love. As nurses, we are given the opportunity to constantly put others' needs before our own. As nurses, we are given the opportunity to stand beside someone in pain and offer a hand to hold. As nurses, we are given the opportunity to give patients hope simply with our presence. What an honor and privilege it is to be a nurse!

## CRNAs, Earn 10 CE Credits at Samford in February

# A DAY OF ANESTHESIA

10 CE Credits for CRNAs

Saturday February 8 2014

Samford University • 109 Bashinsky Field House  
AANA members \$200; nonmembers \$250

7 a.m.  
—  
6 p.m.

To register, please contact Katie Stripling at [kstripli@samford.edu](mailto:kstripli@samford.edu) or 205-726-2265.

### Details:

Lunch will be provided to all participants

Proceeds benefit the Nursing Student Emergency Assistance Fund

[Click here to download the agenda of exceptional speakers.](#)

[Click here to download the registration form.](#)

Thanks to alumnus and Advisory Board member **Wanda Marquardt**, CRNA for organizing this

## Nurse Practitioner Students Serve in Honduras



Three students from the Ida V. Moffett School of Nursing's Family Nurse Practitioner program partnered with Associate Professor **Dr. Andrea Collins** and her church, Argo Christian Fellowship to provide healthcare in rural villages in Honduras over the summer. **Julie Horton, Connie Jones** and **Kelsey Richter** served the people of Honduras while developing skills that will improve care to their future patients in the U.S.

Students and Dr. Collins joined local Honduran physicians and a dentist to set up free health clinics in Honduran churches. More than 1,400 individuals visited the clinics where they received a physical assessment, basic medical treatment and health education. Students treated malnutrition, respiratory and gastrointestinal illness and musculoskeletal complaints.

"I made it a focus to give every patient I saw education on measures they can include in their everyday lives. Due to their limited access to healthcare, I may be the only healthcare provider they ever see," said Richter. In addition to the rural health clinics, Richter, who is fluent in Spanish, provided a health education class for local pastors' wives.

The rural environment made it necessary for students to think on their feet and therefore build upon

their knowledge and abilities as nurse practitioners. "I learned to trust what I know," said Horton. "You do not have to rely on tests to tell you what you know in your gut."

When asked how the experience impacted her practice as a nurse, Jones summed it up with the phrase, "think outside the box." "Being able to pull in seemingly unrelated medical protocols and practice requires confidence in putting into practice what you know," added Jones.

These are invaluable lessons that help mold students into caring and compassionate nurse practitioners; the lessons learned in Honduras will forever impact their practice as nurse practitioners. "I could not have been more pleased with the students' growth in autonomy, compassion, care, skills, and dedication on this trip," said Collins.

## Accolades, Honors and Acknowledgements—Faculty and Staff

**Dr. Arlene Hayne** presented "A Theoretical Framework of the Relationship Among Faculty Caring Ability, School of Nursing Caring Climate, Caring Graduate Nurse Characteristics, and Relationship-based Patient-centered Care," a poster representing the theoretical framework guiding research being conducted by Dr. Hayne, **Dr. Gretchen McDaniel** and **Dr. Sharron Schlosser**, at the International Relationship-Based Care Symposium in Huron, Ohio.

**Dr. Carol Ratcliffe** along with M.G. Fakh, M. Heavens, and A. Hendrich published, "First Step to Reducing Infection Risk as a System: Evaluation of Infection Prevention Processes for 71 Hospitals" in the *American Journal of Infection Control*.

**Dr. Ratcliffe** published "Creating a Business Case for the Clinical Nurse Leader Role" in *Initiating and Sustaining the Clinical Nurse Leader Role: A Practical Guide* (2<sup>nd</sup> ed.).

**Dr. Ratcliffe** was honored with the American College of Healthcare Executives, Service Award and was recognized by the Nurse Practitioner Alliance of Alabama as the Outstanding Nursing Advocate for her leadership in the passage of the new prescriptive authority bill signed into law over the summer.

**Dr. Vicki Rochester** earned the Doctor of Nursing Practice degree from the University of South Alabama.



**Dr. Jane Martin** was honored with the State Outstanding Nurse Educator award for the year from the Nurse Practitioner Alliance of Alabama.

## Accolades, Honors and Acknowledgements—Alumni and Students



Dr. Stuart Pope

**Clay Hill, MSN, FNP, 2012**, became the first nurse practitioner in his employer’s 104 year history to have institutional privileges, a tremendous step for advanced practice nurses in his area.

**Cecelia Lynn Holden, DNP 2011**, presented: “Interprofessional Domestic Violence Education: Transforming Healthcare through Evidence-Based Strategies” at the University of Southern California- Keck School of Medicine in Pasadena, Cal. in February 2012.

“A Domestic Violence Theory-Practice Gap Problem with an Evidence-Based Solution” at the XII Pan American Nursing Research Colloquium Conference at University of Miami in Miami, Fla. in September 2012.

“Incorporating Innovative Teaching-Learning Principals to

Increase Domestic Violence Content throughout the Undergraduate Nursing Program’s Curriculum” at the Sigma Theta Tau International Research Day in Johnson City, Tenn. in September 2012.

“You’re Not A Victim of Domestic Violence, Are You?” at the Compassion 2012 Conference in Bristol, Tenn. in October 2012.

“A Collaborative Approach: Designing a Domestic Violence Curriculum Pathway” at AACN’s 2012 Baccalaureate Education Conference in San Antonio, TX in November 2012.

“Challenging the APN to Universally Screen for Interpersonal Violence: Strategies and Implications” at the National Nurse Practitioner Symposium in Copper Mountain, Col. in July 2013.

**Dr. Holden** also received the Rebecca H. Davenport Award for outstanding contributions to the elimination of domestic violence. This award was given by the Abuse Alternatives Inc.

**Lori Lioce, DNP 2010**, was selected for Madison County’s annual Women Honoring Women. She was recognized for her career success and significant contributions to the community.

**Stuart Pope, DNP 2009, MSN 2000**, was elected President of the American Psychiatric Nurses Association.

**Amy Ponder** published the article “Use of Children’s Literature to Teach Nursing Students About Stroke” in the May 2013 issue of the *Journal of Nursing Education*.



### Nursing Student Earns Air Force ROTC Honors

**Kaley Cusumano**, a Samford AFROTC cadet and nursing student, was awarded Distinguished Graduate Honors and the Physical Fitness award at Air Force ROTC Field Training over the summer. Cadet Cusumano was ranked first out of her flight of 24 cadets, in the top five percent of over 300 competitively selected cadets from around the nation, scored a perfect 100 on her

Physical Fitness test, and garnered the highest possible ratings on her leadership evaluations. Throughout her Field Training experience, Cadet Cusumano demonstrated unparalleled adaptive and servant leadership skills as she enthusiastically tackled every mental, psychological and physical challenge the Air Force threw at her. Her professionalism and unparalleled perfor-

mance resulted in the Air Force recommending her as a trainer and evaluator for future field training camps. It took a great amount of effort and commitment for her to achieve these prestigious honors and her performance reflects great credit upon herself and Samford University.”

### Birmingham Baptist Hospital Pins Available



**Are you a Birmingham Baptist Hospital graduate looking to replace your nursing pin?** If so, we now have a number of options for you, but we need to hear from you first. In order to determine the exact cost of these pins, we need to gauge interest. If 20 or more individuals are interested in

purchasing a pin there will be no set-up fee, if less than 20 purchase there will be a set-up fee in addition to the following prices. Please contact [Katie Stripling](#) if you are interested in ordering a pin. Be sure to share this news with your classmates!

- **Brass: \$35**
- **10K Gold Filled: \$57**
- **10K Yellow Gold: \$250**
- **14K Yellow Gold: \$310**

Pin guards and engraving are available for a fee.

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## Class of 1963 Hosts 50th Reunion

The Class of 1963 celebrated its 50<sup>th</sup> Anniversary with a weekend of fun in Birmingham. They kicked off the festivities with a dinner in the Rotunda Club at Samford University on Thursday, October 10 and then attended the Cap and Cape Society Luncheon and Courage to Care Gala on Friday. Nearly every member of the class

participated in the celebration organized by **Elaine Sellers Hinojosa, Judy Caller Johnson and Shirley Knipher Greer**. If your class would like to plan a reunion, please contact [Katie Stripling](#).



## 2nd Annual Cap and Cape Society Luncheon

More than 125 alumni gathered on Friday, Oct. 11 for the second annual Cap and Cape Society luncheon at the Birmingham Botanical Gardens. Alumni from classes of 1945-1973 were in attendance. The Cap and Cape Society was established in 2012 to recognize diploma graduates from the Birmingham Baptist Hospital School of Nursing and the Ida V. Moffett School of Nursing. Please contact [Katie Stripling](#) if you would like to serve on the planning committee for the 2014 event.



*Alumni from the class of 1968*

## Homecoming Barbecue 2013



The annual alumni and friends barbecue was a tremendous success. Alumni, faculty, staff, students and friends joined together for fun and fellowship at the Center for Healing Arts Plaza. Save the date for Homecoming 2014—Saturday, November 8!



## Courage to Care Gala



*Fran Robinson receiving the Living Legacy Award*

*"In Alabama, Ida V. Moffett is synonymous with service and compassionate nursing care," said nursing school dean Nena F. Sanders in reference to the late nursing educator's oft-quoted belief that "It takes courage to care, to open the heart and act with sympathy and compassion."*

[Click here for more Courage To Care Gala photos.](#)

The Ida V. Moffett School of Nursing honored 17 alumni at its annual Courage to Care awards gala Friday, Oct. 11. The honorees, including Living Legacy award recipient **Frances Mellett Robinson**, were cited for their adherence to the maxims of the school's namesake, the late Ida V. Moffett.

"In Alabama, Ida V. Moffett is synonymous with service and compassionate nursing care," said nursing school dean Nena F. Sanders in reference to the late nursing educator's oft-quoted belief that "It takes courage to care, to open the heart and act with sympathy and compassion."

This year's honorees, representing vastly different career paths in nursing, were selected from a record number of nominations, Dr. Sanders noted. They all hold degrees from the School of Nursing or its forerunner, Birmingham Baptist Hospital.

"The name and location of the school have changed, but what it means remains the same," said Sanders. "Ida V. Moffett's commitment to compassionate care is modeled in our students. When they graduate, they are not just a nurse, but a Moffett nurse."

Last year, in celebration of its 90<sup>th</sup>

anniversary, the school established the Living Legacy Award to highlight a graduate whose local touch has a global reach through leadership and service to others.

Robinson, who has worked for 35 years at San Juan Regional Medical Center in Farmington, N.M., was cited for her efforts to educate the area's large Native American population about cancer prevention and early detection.

"I believe in everything Ida V. Moffett believed in," said Robinson, adding that she was deeply honored by the award and hoped she had done everything the late Mrs. Moffett would want her to do.

"When I graduated 40 years ago, I didn't realize the impact I could have on people," said Robinson, a 1973 graduate who spent the first four years of her career as a charge nurse at Baptist Montclair in Birmingham.

Her career in New Mexico has included opening a national training site for MammaCare clinical breast exam program and a nursing department at a regional cancer center. She has directed and produced three educational videos in the Navajo language and developed a high school program to teach teens the importance of

lifestyle choices to reduce cancer risk.

### **Courage to Care honorees are:**

**Rosemary Cox Bamberg**, retired charge nurse and supervisor who served 47 years at Princeton Baptist Medical Center in Birmingham.

**Roxane Cobb**, palliative care coordinator, Princeton Baptist Medical Center in Birmingham.

**Audrea A. Dooley**, family nurse practitioner, Hatfield Medical Clinic in Winfield, Ala.

**Frances Dobyne Ford**, health-care coordinator, Perry County, Alabama, and executive director, Sowing Seeds of Hope ministry.

**Yvonne H. Harper**, cardiovascular intensive care unit charge nurse, Trinity Medical Center in Birmingham.

**Robbie Smith Heaton**, clinical educator, Princeton Baptist Medical Center in Birmingham.

**Susan Tucker Hornsby**, retired clinician and executive, Baptist Montclair Hospital and Baptist Health System.

**Lisa A. Jones**, operating room nurse supervisor, Trinity Medical Center in Birmingham.

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## Courage to Care Gala Cont.



*2013 Living Legacy and Courage to Care Award Recipients*

**Lisa Kuntz**, nurse practitioner, Alabama Weight Loss Surgery, and clinical adjunct nursing faculty member, Samford.

**Rebecca G. McAnnally**, retired outpatient/specialty care clinics division director, Children's Health System.

**Ann Hughes McEntire**, chief nursing officer, Citizens Baptist Medical Center in Talladega, Ala.

**Pennie Nichols**, certified registered nurse anesthetist, Children's of Alabama, and volunteer medical mission team leader, Kenya Relief.

**Rebecca Dick Peinhardt**, director of graduate nursing programs, orientation coordinator and evidence-based practice mentor, Lurleen B. Wallace College of Nursing at Jacksonville State University in Jacksonville, Ala.

**Kelly Snow Preston**, congregational health and parish nursing educator, founder and co-director, Raising Awareness, Compassion and Education (RACE) for the Orphans 5K.

**Molly Shaw**, certified registered nurse anesthetist, Brookwood Medical Center, and volunteer medical missions coordinator, Kenya Relief.

**Joan Wolfe Williamson**, nurse practitioner, Huntsville Hospital Physician Care at Bailey Cove, and retired professor, University of Alabama in Huntsville College of Nursing.

The event also recognized a roster of dedicated supporters: gold sponsor Princeton Baptist Medical Center, benefactors Jo and Robert Kicker and Money Family Trust; and patrons Anesthesia Resources Management,

Inc., Cyndi and Johnny Bass, Children's of Alabama, Dr. Jill Cunningham, Employment Screening Services, Paula and Kerry Gossett, Gloria and Carl Schaefer, Dr. Sharron Schlosser, Sherlock, Smith & Adams, St. Vincent's Health Systems, Sylvia Rayfield & Associates, Inc., and Trinity Medical Center.

Nursing school advisory board member and retired professor **Barbara Money** was chairperson of the awards gala, held at B & A Warehouse in Birmingham.



*2012 Living Legacy recipient Susan Stillwell with Rebecca Peinhardt*



## Ida V. Moffett School of Nursing Mission

*The mission of the Ida V. Moffett School of Nursing is to nurture students while providing quality education in a Christian environment that prepares caring, competent and compassionate graduates with a commitment to service, scholarship, life-long learning and professional practice.*

Ida V. Moffett School of Nursing  
Samford University  
800 Lakeshore Drive  
Birmingham, AL 35229  
Phone: 205-726-2861  
[www.samford.edu/nursing](http://www.samford.edu/nursing)

## Students Host Alabama Governor's School Participants



Over the summer, accelerated second degree students in the Ida V. Moffett School of Nursing hosted 18 rising high school seniors from across Alabama who were taking part in the Health Care section of Alabama Governor's School (AGS). Fulfilling requirements for the Community Health course, nursing students developed and implemented a health education program in the skills lab for the Governor's School participants. **Mrs. Jill Hightower** and **Mrs. Rebecca Warr** served as the Health Care section faculty.



**Invest in the future of health care: make a gift to the  
Ida V. Moffett School of Nursing today!**

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### Newsletter Editor

Katie Stripling  
[kstripli@samford.edu](mailto:kstripli@samford.edu)

### Share Your News!

If you know of any student, faculty, or alumni awards, presentations, conferences, scholarships, photographs or any other announcements, etc. that you would like posted in the next edition of The Pulse, please send them to [kstripli@samford.edu](mailto:kstripli@samford.edu) or call 205-726-2265.

### Special Thanks

....to everyone who contributed news and photos to this issue. Please continue to share your news with us!



*Merry  
Christmas!*