



My SamFam

Student Covenant

My SamFam is designed to offer students meaningful connection, shared meals, and a sense of belonging beyond campus. Participation is completely voluntary and built on mutual respect, clear communication, and shared care.

This covenant outlines what students can expect—and what host families can expect in return.

My Commitment as a My SamFam Student:

As a participating student, I agree to:

Respect & Courtesy

- Treat my host family with kindness, gratitude, and respect.
- Be mindful that I am a guest in their home and honor household norms that are clearly communicated.
- Communicate honestly and respectfully at all times.

Communication

- Respond to invitations and messages in a timely manner.
- Communicate clearly about availability, scheduling conflicts, or changes in plans.
- Understand that it is always acceptable to decline an invitation without explanation or guilt.

Participation & Boundaries

- Participate at a level that feels comfortable and appropriate for me.
- Understand that I am never obligated to attend events, meals, or gatherings with my host family.
- Maintain my own personal boundaries and respect the boundaries of my host family.
- No student should ever be alone with a family member.
- Understand that my personal gain in this relationship is experiential and not for financial reward. I agree not to solicit My SamFam for any form of financial support.

Transportation

- Never assume transportation will be provided unless it has been clearly offered.

- Communicate clearly when transportation is needed or arranged.

Meals, Gatherings & Holidays

- Express dietary needs, allergies, or accessibility concerns clearly and in advance when possible.
- Understand that meals and invitations are offered freely and without expectation of contribution unless discussed ahead of time.
- Participate responsibly and respectfully in all gatherings.

Privacy & Social Media

- Respect the privacy of my host family and their home.
- Ask permission before posting photos or sharing personal information about the family.

Program Support

- I understand that My SamFam is committing to host up to 3 Samford students for the purpose of social connection, conversation and comfort to undergrads who live more than 400 miles from campus. _____ (initial)
- I understand that My SamFam is not an overnight stay program. _____ (initial)
- I understand that I may request a change in pairing or step away from the program at any time without penalty or explanation. _____ (initial)
- I understand that I should reach out to _____(Name)_____, the Director of Parent & Family Engagement (205-726-2375) if concerns arise or support is needed. _____(initial)
- Understand that I must sign a waiver to participate that clarifies while Samford is facilitating the connection of families with students, the families and students are each then responsible for the level of participation they choose within the confines of the family and student covenants. This waiver explains what families and students do if they need to report an issue or concern with a placement.

By participating in **My SamFam**, I commit to approaching this experience with openness, respect, and appreciation for the generosity of my host family.

Student Name: _____ (Please print)

Student Signature: _____ **Date:** _____