



# Samford Cooking Camp *for Teens*



Learn how to create  
delicious and nutritious  
meals and snacks!

**Open to ages 11 to 16.**

**Camp 1: June 17-21**  
(9 a.m. - 1 p.m. daily)

**Camp 2: June 24-28**  
(9 a.m. - 1 p.m. daily)



**Samford University**  
School of Public Health

Scan QR code to sign up or visit  
[samford.edu/go/WellnessKitchen](http://samford.edu/go/WellnessKitchen)