

COURSE SEQUENCE
Foods and Nutrition*

2021-2022 Catalog

Freshman Year

Fall			Spring		
Class	Grade		Class	Grade	
UCR 101 University Core Rhetoric	4	_____	UCS 102 University Core Seminar	4	_____
UCCP 101 Cultural Perspectives I	4	_____	UCCP 102 Cultural Perspectives II	4	_____
NUTR 110 Food Preparation	4	_____	NUTR 220 Nutr Science for Hlth Prof <i>or</i>		
NUTR 210 Intro to Nutr & Dietetics	2	_____	NUTR 216 Personal Nutr	4	_____
UCFH 120 Concepts of Fitness & Hlth	2	_____	MATH 150 Precalculus	4	_____
FOUN 101 Foundations	(1)	_____			
	Credits	16-17		Credits	16

Sophomore Year

Fall			Spring		
Class	Grade		Class	Grade	
NUTR 301 Foundations of Nutrition	4	_____	NUTR 312 Food, Culture & Society	4	_____
NUTR 310 Lifecycle Nutrition	4	_____	UCBF 101 Biblical Foundations	4	_____
CHEM 205 Foundations of Chem	4	_____	Humanities Elective	4	_____
CHEM 206 Foundations of Chem Lab	1	_____	General Elective	4	_____
General Elective	4	_____			
	Credits	17		Credits	16

Junior Year

Fall			Spring		
Class	Grade		Class	Grade	
BIOL 217 Human Anatomy	4	_____	BIOL 218 Human Physiology	4	_____
NUTR 412 Quantity Food Prod	4	_____	NUTR 413 Food Service Organization	4	_____
NUTR 414 Experimental Foods	4	_____	NUTR 498 Research Methods in Nutr	2	_____
General Elective	4	_____	General Elective	4	_____
	Credits	16		Credits	14

Senior Year

Fall			Spring		
Class	Grade		Class	Grade	
SOA 200 Arts in Society	3	_____	NUTR 372 Foods & Nutr Externship	4	_____
NUTR 350 Community Nutrition	4	_____	Social Science Elective	4	_____
NUTR 372 Foods & Nutr Externship	4	_____	General Elective	4	_____
NUTR 499 Senior Seminar in Nutr	2	_____	General Elective	4	_____
General Elective	4	_____			
	Credits	17		Credits	16

*Minor or cognate required.

128-129 Total Credits

This course sequence is provided as a guide – it in no way guarantees offerings and requirements will remain unchanged. Efforts are made to eliminate errors and provide advance notice of any changes.

Revised 9/2/2021